

STAFF DIRECTORY

PLEASE NOTE: When calling any of these extensions from outside of W-C you will need to add the prefix of 496 before any extension beginning with "1" and the prefix 217 before any extension beginning with "2".

ACCOUNTING

Luis Estrada, Controller -2485
Stormy Sanchez, Payroll -1113
Jason Ndirangu, Senior Accountant -1112
Luz McLaughlin, Staff Accountant II -1116
Jeanette Conner, Staff Accountant I -1175
Donna Buttry, Accting Asst. -2376
Kristen Compton, Financial Analyst -1194
Jennifer Thompson, AP Specialist -1117
Open, AP Specialist -1173
**Rochelle Dio, Billing Quality Assurance &
Quality Control Coordinator -1628**
Kenya Baines, Business Office Mgr -1179
Mandi Black, AR Specialist/Resident Bills -1114
Shanna Wampler, Med. Billing Code Spec. -1162

ADMINISTRATION

Ben Unkle, President & CEO -1103
David Myers, CFO -1778
Tori Crenshaw, VP of Resident &

Health Operations -1166

**Ashley Allman, Exec. Dir. Foundation &
Director of Public Relations -1106**

Rich Hoherz, Chief Information Officer -1765

**Jayda McKinney, Executive Assistant to
CEO/CFO -1107**

Jackie James, Adm Asst & Dev. Coord -1108

**Taylor Griffin, Exec Asst to VP of Resident
& Health Operations -1160**

Board Room (Mezzanine) -1109

DINING SERVICES

Dining Reservations -1130

Tim Tivvis, Director -1119

Cornelius Green, Associate Director -1146

David Boadway, Adm. Asst. -1650

Jacqueline Corbett, Nutri. Care Mgr. -1126

Nutri. Care Supervisors -1135

Nutrition Care Cell Phone -285-3934

(for any Hoy Center and Chesapeake concerns use NC cell)

Lisa Faye, Reg. Dietitian Nutritionist -1671

Open Position, Retail Service Mgr. -2372

Dining Room Supervisors -1121

(for Capes dining issues or concerns call DR Supervisors

Bobby Mariner, Executive Chef -1753

Sous Chef's Office -1759

Kitchen -1769
Overlook Kitchen -3010
Overlook Office -1250
Storeroom -1134
The Pub Kitchen -3015
Capes Dining Room -1589
Chesapeake-Kitchen -1701
Stone Rehab Kitchen -3020
1A Cape Henry Lighthouse Kitchen -3120
1B Rose Island Lighthouse Kitchen -3121
2A Mission Point Lighthouse Kitchen -3220
2B Point Lookout Lighthouse Kitchen -1716
3B Point Roberts Lighthouse Kitchen -3320

Special Projects/Birdsong

Rick Tillar, Project Director 919-609-0480
Aisha Azher, Coord. of Spec. Projects &
The Birdsong Initiative -1161

BIRDSONG CLINIC

Birdsong Clinic Main Number -1622
Birdsong Clinic Non-Emergency -3100
Susan Hopkins, LPN -1662
Tiffany Thomas, LPN -1654
Issel McKensie, Nurse Practitioner -1789
Kristine Salvador, Nurse Practitioner -2403
Glenny Harrington, Clinic Mgr. -2402
Front Desk -1622

CHAPLAIN

Doug Gray, Sr. Chaplain -1651

Jenny Spivey, Associate Chaplain -2445

Chapel -1300

CONCIERGE SERVICES

Lori Millon, Senior Manager, Concierge Services -1649
Beauty/Barber

PS Salon & Spa -1155

PS Salon & Spa (The Hoy Center 1B) -1195

Catering and Special Events

Christy Hill, Catering & Special Events

Supervisor -1794

Concierge / Starfish Pointe / Courtesy Desk

Concierge Desk 7:30am to 7:30pm -1102

Starfish Pointe -1138

Yvonne Martinez, Supervisor -1127

Courtesy Desk -1795

Transportation

Payton Saxton, Transportation Supervisor -1187

GENERAL SERVICES

Mark Borst, VP Dev. & General Services -1149

Don Coberly, Assistant Director of GS -1140

REPAIRS Frances DeBaun, GS Dispatch/Cont.Coord -1142

Emma Herring, Interior Designer

& Move-In-Coordinator -1693

Stephanie Randall, Asst Move-in Coord -1141

Jay Gregory, Renovations Supervisor -1201
Jim Shackett, Maintenance Manager -1143
Luis Davila, Maintenance Supervisor -2395

HOUSEKEEPING / LAUNDRY

**Nicole Hamlett, Hospitality & Procurement
Manager -2404**
Diana Smith, Housekeeping Supervisor -1147
Laundry -1152

ENHANCED SERVICES

Jacquelyn Fries, Administrator -1663
Enhanced Services Supv. (cell-816-4689) -1254
Katelin Ott, TR Specialist -1436
Mary Werber, TR Specialist -2399
Enhanced Services 1st Floor Nurse -1231
Enhanced Services 2nd Floor Nurse -1259
Enhanced Services 3rd Floor Nurse -2386
Capes Dining Room 1st Floor -1589
Chesapeake-Kitchen -1701
Chesapeake-Desk -1735

HEALTH INFORMATION

Jason Shaeffer, Director, Health IT -1137
**Cindy Fournier, Health Informatics
Coordinator -1111**
Alexandra “Lexi” Yale, Health IT Coordinator -1168

THE HOY CENTER

Julia Fretwell, Administrator -1154

Kate Speights, Director of Nursing -1580

Open, Asst Dir of Nursing

The Hoy Welcome Desk -1355

Martha Braunstein, Clinical Staff Dev.Coord. -2483

Nursing Supervisor (cell 816-0938) -1536

Lisa Hall, MDS Coordinator - 1750

Sherlyn Logan, MDS Coordinator -1750

Cynthia Wilson, MDS Coordinator -1157

Cristy Hansen, Admissions Director -1158

Laura Doerner, Marketing and Outreach

Coordinator -2398

Admissions Cell Phone 757-651-1750

Barbara MacDonald, Social Work Lead -1627

Brittany Perkins, Social Worker -1758

Alexandria Hill, Director of Quality

Management, ES & THC -1278

Deidra Schriver, TR Specialist -1751

Stone Rehab A -1575

Stone Rehab B -1787

1A Cape Henry Lighthouse -1165

1B Rose Island Lighthouse -1159

2A Mission Point Lighthouse -1630

2B Point Lookout Lighthouse -1578

3B Point Roberts Lighthouse -1749

HUMAN RESOURCES

Brenda Rosecrans, Director HR &
Compliance -2474
Lisa Shepherd, HR Manager -2396
Brandi Rose, SHRM-CP, HR Coord. -1144
Owen Johnson, HR Coordinator -1784
Wendy Fries, HR Generalist II -1285
Employment Verifications -1372
Human Resources FAX 496-1698

EKLEGO Workforce Solutions

Sarah Collins 757-251-0933

INFORMATION TECHNOLOGY

Staff HELP DESK -2488

Resident HELP DESK -4357

Richard Stoneking, Network Administrator
Manager -1760
IT Department -1725

MARKETING / SALES

OPEN SEE ASHLEY ALLMAN , Director Sales & Mktg -
1167

MARKETING

Sherry Lappin, Marketing Data Analyst -1798
Margaret Kapko, Marketing Assistant -1785

SALES

Ellen Duckworth, Sales Counselor -1148
Tracy Amet, Sales Counselor -1788
Laura Diachenko, Sales Counselor -1799
Elizabeth Baumer, Sales Counselor -1762

PUBLIC RELATIONS

**Amy Sheyer, PR Coordinator -2336
Cell 818-438-3120**

PHARMACY

**Coastal Pharmacy -1156
Pharmacy FAX 496-2869**

REHABILITATION SERVICES

**Brittany Mowfy, Rehab Director -1688
Outpatient Gym -1690
Rehab. Services FAX 271-1035**

RESIDENT LIFE & WELLNESS

Emma Thomas, Sr. Manager -1665

Resident Services

**Frances Taylor, Resident Services Liaison -1647
Tracy Erlandson, Resident Services Liaison -1694
Emily Rose, VB Fellows Intern -1582**

Programming

Emily Bacalis, Program Coordinator -1153

Fitness/Aquatic Wellness

**Pam Clapp, Aquatic and Fitness Coord. -1692
Cheryl Justice, Exercise/Aquatic Spec. -1635
Alexandra Moore, Exercise/Aquatic Specialist -1686
Janet Turner, Exercise/Aquatic Specialist -1635
Melissa Turnage, Exercise/Aquatic Specialist -1686**

Karen Edge, Exercise/Aquatic Specialist -1692

Founders' Pool -1132

West Tower Pool/Fitness Center -2366

Connection Program

Kathryn Perry, Connection Coordinator -2461

Security

EMERGENCIES ONLY - 0

Carvas Hill, Safety/Security Manager -1664

Nick Reardon, Security Supervisor -1170

Welcome Center -1145

Security Office -2442

SENIOR OPTIONS, LLC

Nancy King, President SO & WCAH -1464

Michelle Bridges, Director of Bus. Dev. -1740

**Joan Punch, Director of Quality Assurance &
Compliance -1792**

Hazel Nugent, Bus Dev Mgr 757-329-4461

Megan Frazier, Financial Solutions Specialist -2496

Chris Vallandigham, Dir. Health Info Technology -2481

Frida Pimentel, Clinical Solutions Spec. -2479

Melinda Coley, Sr. Dir. Finance & Oper. -2462

Joan Noe, Project Mgr/Client Liaison -1724

Cierra Ames, HCBS Billing Spec. -1115

Elaine Hambright, Billing Spec. -2478

Jenney Madril, Billing Spec. -2487
Marcie Tanner, Partner HH Billing Spec. -1306
Tyshinia Brewster, HH/Hsp Billing Spec. -2475
Tiffany Dalziel, Health Information Spec. -2493

WESTMINSTER-CANTERBURY AT HOME LLC

Main Number all staff /24 hours -1653

Nancy King, President SO & WCAH -1464
Angela Lavigne, Senior Director of
Clinical Operations -1773
Rachel Jordan, Assistant Administrator -1691
Renee Morris, WCAH Office Assistant -2491
Tammi Shaffer, Hospice Director -2467
Sheila deGuzman, Outreach Director -2273
Lisa Wise-Chapman, Assoc Outreach Coord.
757-650-8724
Madison Lewis, Assc Outreach Coord. 757-910-2184
Keith Markowitz, Outreach Coord. 757-282-8602
Cassie Wellford, Outreach 757-284-8948
Tara Higginbotham, Clinical Liaison 757-266-8781
Rachael Buttler, Home Care Coord. -2463
Olivia Flores, Home Health Intake Coord. -2385
Candy Modlin, WCAH—Scheduler -2489
Michelle Dio, HH Director -2449
Marian Garcia - Hospice HIC -2471
Melissa Ballou, Hospice HIC -2486
Sonja Kirkman, Hospice Intake Coord. -2464
Jennifer Madril, HH/Hosp Billing Spec -2487

**Sarah McBride, MSW, Hospice Support
Services Manager -2451**

Micheline Meyers, Hospice SW/Vol Coord. -2440

Sarah Russ, Hospice Volunteer Coord. -2482

Jessica Keetz, Therapy Team Leader 757-376-8992

Other Numbers

F & J

F & J Corner Shop (mailbox hallway) x 1710

F & J Work Room (Tues 10-3:30) x 2371

F & J Furniture Room (open 6a - 9a daily) x 2441

POOLS

East Tower Founders Pool x 1132

West Tower Pool

Woodpeckers Shop

Woodpeckers (located near ET pool) x 1131

Art Studio -2434

House Phone (by Front Desk) -1481

House Phone (by HCC Entrance) -1617

Lounges:

4th -1318

8th -1429

12th -1537

5th -1345

9th -1457

PH -1545

6th -1371

10th - 1483

PH Game Room

7th -1401

11th -1511 -1592

Resident Business Office -1192

Towne Bank 769-7001

Frequently Dialed Numbers

Albano Dry Cleaners (3025 Shore Drive) 481-7019

Hilltop Dry Cleaners (PO Box 1085, Chesapeake 23327)
270-3950

Information (\$\$ fees may apply) 411

Information (free call) 1-800-373-3411

Med Emporium (Regency Hilltop) 428-0787

National Do Not Call Registry 1-888-382-1222

Police NON-Emergency 385-5000

Rite Aid Pharmacy (2817 Shore Drive) 496-9636

Towne Bank (First Colonial Road) 412-2400

Traffic information (call from cell phones only) 511

USPS (nearest branch: Atlantic Garden Center, 1276 N.
Great Neck Rd.) 481-1515

Virginian Pilot 446-9000

Weather Forecast (once answered, select 1, then 2) 899-
4200

Walgreens Pharmacy (4768 Shore Dr) - 460-1290

Hospital Phone Numbers & Addresses

Bon Secours DePaul Medical Center 889-5000

150 Kingsley Lane, Norfolk, VA 23505

Bon Secours Mary Immaculate Hospital 886-6000

2 Bernardine Dr, Newport News, VA 23602

Bon Secours Maryview Medical Center 398-2200

3636 High St., Portsmouth, VA 23707

Chesapeake General 312-8121

736 Battlefield Blvd. North, Chesapeake, VA 23320

Portsmouth Naval Medical Center 953-5000

620 John Paul Jones Cir., Portsmouth, VA 23708

Sentara Albemarle Hospital 252-335-0531

1144 N. Road St, Elizabeth City, NC 27909

Sentara Careplex Hospital 736-1000

3000 Coliseum Drive, Hampton, VA 23666

Sentara Heart Hospital 388-8000

600 Gresham Drive, Norfolk, VA 23507

Sentara Independence (Emergency/Outpatient only) 363-6100

Sentara Leigh 261-6000

830 Kempsville Road, Norfolk, VA 23502

Sentara Norfolk General 388-3000

600 Gresham Drive, Norfolk, VA 23507

Sentara Obici Hospital 934-4000

2800 Godwin Blvd, Suffolk, VA 23434

Sentara Princess Anne 507-1000

2025 Glenn Mitchell Dr, Virginia Beach, VA 23456

Sentara Virginia Beach General 395-8000

1060 First Colonial Rod, Virginia Beach, VA 23454

Sentara Williamsburg Regional Medical Center 984-6000

100 Sentara Circle, Williamsburg, VA 23188

DIAL "0" For EMERGENCIES ONLY